CRANE BROOK High School student Amber O'Neill's video on agricultural careers has won this year's Cream of the Crop Competition at the Sydney Royal Easter Show.

O'Neill, in Year 10, prepared four entries for the competition but it was her video about agricultural careers Are you the One? that took out the overall prize.

She looked at a chef, a scientist, a mechanic and a designer as careers linked to agriculture and interviewed eight of her teachers to discover which subject is most strongly linked to agriculture’s sustainability.

“I just love it, there are so many interesting topics,” she said of her four entries.

The competition is a state government Art4Agriculture initiative that invites students to create a PowerPoint presentation or a video to promote agricultural careers and rural life.

Watch Amber’s video at youtube.com/watch?v=Utv0lHyJbds